

1-26-2026

“One God, Three Persons - One Human, Three Dimensions”

Opening Prayer:

**Heavenly Father,
We come before You humbly and in awe.
You are holy, eternal, and beyond our
full understanding, yet You have
lovingly revealed Yourself to us through
Your Word and through Your Son, Jesus
Christ. As we open the Scriptures today,
we ask for guidance of the Holy Spirit.
Open our minds to understand, our
hearts to receive, and our lives to be
transformed. May everything taught
today glorify You and strengthen our
walk with Christ.
In Jesus’ mighty name, Amen.**

Introduction:

One of the most important truths in Christianity...and one of the most misunderstood...is the **nature of God** and the **nature of humanity**.

Many believers ask:

- . What is the Trinity?
- . Is Jesus God or separate from God?
- . What is the difference between the soul and the spirit?
- . How do the body, soul, and spirit function together?

These are not minor questions. They affect:

- . How we worship
- . How we pray
- . How we live
- . How we understand salvation

Today we will carefully walk through Scripture to understand:

1. **The Holy Trinity - One God in three Persons**
2. **The human design - Body, soul, and spirit**
3. **How God's nature helps us understand our own design**

PART ONE: THE HOLY TRINITY ... ONE GOD, THREE PERSONS

1. The Bible Clearly Teaches There Is Only ONE GOD

The Bible is unwavering on this truth.

Let us turn to Deuteronomy 6:4.

**Deuteronomy 6:4 (NIV) ⁴ Hear, O Israel:
The LORD our God, the LORD is one.**

**Isaiah 45:5 (NIV) ⁵ I am the LORD, and
there is no other;
apart from me there is no God.
I will strengthen you,
though you have not acknowledged
me,**

Christianity is **not polytheism.**

Polytheism is the belief in or worship of multiple gods, **often with different deities responsible for various aspects of life, nature, or the universe.**

We do not worship three gods. We worship **one God.**

2. The Bible Reveals THREE DISTINCT PERSONS Who Are God

A. God the Father is God

1 Corinthians 8:6 (NIV) ⁶ yet for us there is but one God, the Father, from whom all things came and for whom we live; and there is but one Lord, Jesus Christ, through whom all things came and through whom we live.

The Father is eternal, sovereign, and the source of all creation.

B. God the Son (Jesus Christ) is God

John 1:1(NIV) 1 In the beginning was the Word, and the Word was with God, and the Word was God.

John 1:1(NIV) ¹⁴ The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

Colossians 2:9 (NIV) ⁹ For in Christ all the fullness of the Deity lives in bodily form,

Jesus is not a created being. He is **fully God**, equal with the Father.

C. God the Holy Spirit is God

Acts 5:3-4 (NIV) ³ Then Peter said, "Ananias, how is it that Satan has so filled your heart that you have lied to the Holy Spirit and have kept for yourself some of the money you received for the land? ⁴ Didn't it belong to you before it was sold? And after it was sold, wasn't the money at your disposal? What made you think of doing such a thing? You have not lied just to human beings but to God."

The Holy Spirit is not a force or energy...He is a **divine Person** who teaches, convicts, guides, and empowers.

3. The Trinity Seen Together

Matthew 28:19 (NIV) ¹⁹ Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,

One name...three Persons.

4. Helpful Illustrations of the Trinity (With Biblical Caution)

No illustration perfectly explains God but some **help us understand without replacing Scripture.**

A. The Sun Illustration

- **The Sun itself** → Father
- **The light** → Son (reveals God)
- **The heat** → Holy Spirit (felt, experienced)

They are distinct, yet one source.

B. Time Illustration

- . Past**
- . Present**
- . Future**

All are time, yet distinct. Remove one and time collapses.

C. Mind, Word, Breath (Biblical Pattern)

John 1:1 - The Word

Genesis 1:2 - The Spirit (breath)

1 Corinthians 2:11 - The mind of God

One God expressing Himself fully.

⚠ Important Reminder:

Illustrations help explain - but **Scripture defines truth.**

PART TWO: THE HUMAN DESIGN - BODY, SOUL, AND SPIRIT

1. Humans Are Created in God's Image

Genesis 1:26 (NIV) ²⁶ Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground."

Just as God is **Triune**, humanity reflects complexity - not divinity, but **design**.

2. The Bible Distinguishes Body, Soul, and Spirit

1 Thessalonians 5:23 (NIV) ²³ May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

PART THREE: THE BODY

1. What Is the Body?

The **physical part** of who we are.

- Connects us to the natural world
- Five senses
- Temporary, earthly

Genesis 2:7 (NIV) ⁷ Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

2. Function of the Body

- . Allows us to serve God physically
- . Express obedience
- . Carry out good works

Romans 12:1 (NIV) Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

The body is not evil - it is **a tool**, not a master.

PART FOUR: THE SOUL

1. What Is the Soul?

The seat of personality

- Mind (thoughts)
- Will (choices)
- Emotions (feelings)

Psalm 139:14 (NIV) ¹⁴ I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

2. Function of the Soul

- Makes decisions
- Experiences joy, fear, sorrow
- Can be renewed or corrupted

Romans 12:2 (NIV) ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

3. The Soul Must Be Submitted

Matthew 16:26 (NIV) ²⁶ What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?

PART FIVE: THE SPIRIT

1. What Is the Spirit?

The **God-conscious part** of humanity.

- . Dead before salvation

- Made alive in Christ
- Connects directly to God

John 4:24 (NIV) ²⁴ God is spirit, and his worshipers must worship in the Spirit and in truth.”

2. The Spirit Is Made Alive at Salvation

Ephesians 2:1 (NIV) As for you, you were dead in your transgressions and sins,

Ephesians 2:5 (NIV) ⁵ made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.

3. Function of the Spirit

- . Receives revelation from God
- . Is indwelt by the Holy Spirit
- . Produces spiritual fruit

Romans 8:16 (NIV) ¹⁶ The Spirit himself testifies with our spirit that we are God's children.

PART SIX: HOW THEY WORK TOGETHER

Simple Illustration

- . **Body** → World-conscious
- . **Soul** → Self-conscious
- . **Spirit** → God-conscious

Before salvation:

- . Body rules
- . Soul follows
- . Spirit is dead

After salvation:

- . Spirit leads
- . Soul submits
- . Body obeys

The Goal of the Christian Life

Galatians 2:20 (NIV) ²⁰ I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

Conclusion:

- God is **One God in Three Persons**
- Humans are **one being with three dimensions**
- Salvation restores **proper order**
- Maturity comes through **Spirit-led living**

Closing Prayer:

**Lord God,
We thank You for revealing Yourself to us - not so we may argue, but so we may worship. Thank You for creating us with purpose, redeeming us through Christ, and indwelling us by Your Holy Spirit. Help us live Spirit-led lives, with renewed minds and obedient bodies, bringing glory to Your name. We surrender ourselves fully to You today.
In the name of the Father, the Son, and the Holy Spirit,
Amen.**