

Approximately 35 minutes Topical



Body, Soul, and Spirit - Made by God, Redeemed by Christ



Recently, I was watching an episode of the Dr. Phil show, and there was a woman being interviewed who was caught in a very troubling situation. She had been texting someone she barely knew and had convinced herself that this person loved her. But from what was being described, it seemed clear that this belief was not based in reality.

The other person had told her many times, "Stop texting me. Stop sending me things." But even after being told to stop, she continued for more than a year. It appeared that she had created a relationship in her mind that was not truly there.

Then something else stood out to me. The guest explained that she wanted to pray to a god, but instead of praying to the one true God, she began praying to a famous movie star, Morgan Freeman, and treated him like he was her god.

  That really got me thinking.

Why are human beings so vulnerable at times? Why do people become so easily influenced by things that are not from God? Why do we sometimes look for love, identity, comfort, and purpose in the wrong places?

  The truth is, when a person is not grounded in the Lord, the heart and mind can become open to confusion, deception, unhealthy attachments, and spiritual influence that does not come from God.

That is what led me to this message today.

We are going to look at how God created mankind with a **body, soul, and spirit**. We will see how each part was designed by God, and we will also see how the enemy tries to influence and take control where God alone should rule.

So let's open the Word of God and get into this message: **Body, Soul, and Spirit - Made by God, Redeemed by Christ**

Opening Thought:

God did not create man as an accident, an animal, or a machine. The Bible teaches that human beings are fearfully and wonderfully made by God. We are created with a **body**, a **soul**, and a **spirit** - and each part has a purpose under God's design.



David said:

  (NIV) **“I praise you because I am fearfully and wonderfully made...”**

Psalm 139:14 NIV

God made us with great care. He knows every part of us - physical, emotional, mental, and spiritual.

Let us get into the Word of God....

  (NIV) ***1 Thessalonians 5:19-24*** ¹⁹ ***Do not quench the Spirit. ²⁰ Do not treat prophecies with contempt ²¹ but test them all; hold on to what is good, ²² reject every kind of evil.***

²³ May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. ²⁴ The one who calls you is faithful, and he will do it.

1. God Made Man From the Dust and Gave Him Life:

In Genesis, we see the beginning:

“Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life...”

Genesis 2:7 NIV

This shows us something powerful.

God formed man’s **body** from the dust, but man did not become alive until God breathed life into him.

So man is more than skin, bones, blood, and organs. We are spiritual beings created by God.

The Bible says:



(NIV)

“May your whole spirit, soul and body be kept blameless...”

1 Thessalonians 5:23 NIV

Notice the order:



Spirit. Soul. Body.

God cares about the whole person.

2. The Body - Our Earthly Vessel:

The **body** is the physical part of us. It is what we see, touch, feed, wash, rest, and care for.

Paul said:

  (NIV) **“Do you not know that your bodies are temples of the Holy Spirit...”**
1 Corinthians 6:19 NIV

Your body matters to God.

The body is not evil by itself. God made it. But because of sin, the body can be used for sinful desires. That is why we must not let the body rule the soul and spirit.

Many people live only for the body:

- “What do I feel?”

- “What do I want?”
- “What pleases me right now?”

But the body was never designed to be the master. It was designed to serve God.

3. The Soul - The Mind, Will, and Emotions:

The **soul** is often understood as the place of our thoughts, choices, personality, emotions, and desires.

It is where we wrestle with questions like:

- “Who am I?”
- “What do I believe?”
- “What do I love?”
- “What do I choose?”

Jesus said:

  (NIV) **“What good will it be for someone to gain the whole world, yet**

forfeit their soul?” Matthew 16:26 NIV

Your soul is valuable. More valuable than money, popularity, success, or possessions.

This is where the battle often takes place.

The enemy wants access to the soul - through fear, temptation, bitterness, lust, pride, confusion, false teaching, and rebellion.

That is why Proverbs says:



(NIV)

“Above all else, guard your heart, for everything you do flows from it.”

Proverbs 4:23 NIV



The heart and soul must be guarded.

4. The Spirit - The Part That Must Be Born Again:

The **spirit** is the part of man designed to know God, worship God, and have fellowship with God.

But because of sin, man is spiritually dead apart from Christ.

Paul wrote:

  (NIV) **“As for you, you were dead in your transgressions and sins...”**
Ephesians 2:1 NIV

That does not mean the body is dead. It means the person is spiritually separated from God.


This is why Jesus told Nicodemus:

  (NIV) **“You must be born again.”**
John 3:7 NIV

- Being religious is not enough.
- Being moral is not enough.
- Going to church is not enough.

The human spirit must be made alive by God.

Jesus said:

  (NIV) **“Flesh gives birth to flesh, but the Spirit gives birth to spirit.”**
John 3:6 NIV

When a person receives Jesus Christ, the Holy Spirit brings spiritual life. That person is no longer spiritually dead. They become born again.

5. Not Every Spirit Is From God:

This is very important.

The Bible clearly teaches that there are spirits that are **not from God** in character, loyalty, or truth.

John warned:



(NIV)

“Dear friends, do not believe every spirit, but test the spirits to see whether they are from God...”

1 John 4:1 NIV

That means the spiritual world is real.

- Not every spiritual experience is holy.
- Not every voice is God.
- Not every dream is from the Lord.
- Not every feeling is the Holy Spirit.
- Not every supernatural manifestation is from heaven.

👉 We must test everything by the Word of God.

6. Fallen Spirits Left God’s Design:

God created angels, but some rebelled against Him. They did not stay in the place God assigned for them.

Jude says:



(NIV)

“And the angels who did not keep their positions of authority but abandoned their proper dwelling...”

Jude 1:6 NIV

These beings were created by God, but they rebelled against God.

They left their proper domain. They rejected God's order. They became fallen.

Peter also speaks of angels who sinned:



(NIV)

“God did not spare angels when they sinned...”

2 Peter 2:4 NIV

So we must understand this carefully:

God created them, but God did not create their rebellion.



God made them good, but they chose evil. They left their God-given place, and now they oppose the work of God.

7. The Enemy Wants Control Before a Person Is Born Again:

Before a person is born again, their **spirit is dead toward God**. That person may still think, feel, reason, and make decisions, but spiritually they are separated from God.

That makes the soul vulnerable.

Paul describes unbelievers as being influenced by the enemy:

  (NIV) **“...the spirit who is now at work in those who are disobedient.”**
Ephesians 2:2 NIV

That is a serious statement.

The enemy works through deception. He wants to influence the mind, corrupt the desires, blind the heart, and keep people from coming to Jesus.

Paul wrote:



(NIV)

“The god of this age has blinded the minds of unbelievers...”

2 Corinthians 4:4 NIV

Satan does not always come looking scary. He often comes with lies that sound reasonable:

- “You do not need God.”
- “You can save yourself.”
- “Follow your feelings.”
- “Truth is whatever you want it to be.”
- “Jesus is not the only way.”
- “Sin will not hurt you.”
- “You can play with darkness and stay safe.”

But Jesus said of the devil:



(NIV)

“...there is no truth in him... he is a liar and the father of lies.”

John 8:44 NIV

8. Demonic Influence Is Real, But Jesus Is Greater:

The Bible shows that demonic spirits seek influence, bondage, and destruction.

Jesus dealt with unclean spirits during His earthly ministry. They recognized His authority.



In Mark 5, the man among the tombs was tormented by unclean spirits. But when Jesus came, the demons had to bow before His authority.

That is the good news:

  Dark spirits are real, but they are not equal to God.

Satan is powerful, but he is not all-powerful. Demons are real, but they tremble before Jesus Christ.



James says:

  (NIV) **“Even the demons believe that—and shudder.”**

James 2:19 NIV

The believer does not need to live in fear.
Jesus is Lord.

John says:


  (NIV) **“...the one who is in you is greater than the one who is in the world.”**

1 John 4:4 NIV

9. The Soul Must Be Surrendered to Christ:

The enemy wants the soul. God wants to save the soul.

Peter wrote:

  (NIV) **“...you are receiving the end result of your faith, the salvation of your**



souls.”

1 Peter 1:9 NIV

The soul is saved by faith in Jesus Christ.

A person is not protected by religion, tradition, family background, or good intentions. A person needs Jesus.

Jesus said:

  (NIV) **“I am the way and the truth and the life. No one comes to the Father except through me.”**

John 14:6 NIV

When the human spirit is born again, the Holy Spirit comes to live inside the believer. Then the soul begins to **be renewed by God’s Word.**

Paul said:

  (NIV) **“Do not conform to the pattern of this world, but be transformed by the**



renewing of your mind.” Romans 12:2 NIV

The mind must be renewed.
The emotions must be healed.
The will must be surrendered.
The body must be offered to God.

10. How Do We Guard Ourselves?:




The Christian life is not about fear. It is about walking in the truth and staying close to Jesus.

The Bible tells us:

  (NIV) **“Submit yourselves, then, to God. Resist the devil, and he will flee from you.”
James 4:7 NIV**

Notice the order.



- First, **submit to God.**
- Then, **resist the devil.**

   You cannot resist the devil while living in rebellion against God. The safest place to be is surrendered to Jesus Christ.

We guard ourselves by:

- Praying daily.
- Reading God's Word.
- Testing every spirit by Scripture.
- Rejecting occult practices.
- Confessing sin quickly.
- Staying in fellowship with believers.
- Putting on the armor of God.

Paul said:



  (NIV) **“Put on the full armor of God, so that you can take your stand against the devil's schemes.”**
Ephesians 6:11 NIV

11. The Holy Spirit Is Not Just Another Spirit:

The Holy Spirit is not a force, feeling, or influence.

- He is God.
- He convicts.
- He teaches.
- He comforts.
- He seals the believer.
- He leads us into truth.

Jesus said:

  (NIV) **“But when he, the Spirit of truth, comes, he will guide you into all the truth.”**

John 16:13 NIV

When a person is born again, they are sealed by the Holy Spirit.

Paul said:

  (NIV) **“...you were marked in him with a seal, the promised Holy Spirit.”**

Ephesians 1:13 NIV

That means the believer belongs to God.

Invitation: Be Born Again:


Maybe today you realize something important.

- You have taken care of your body.
- You have tried to manage your emotions.
- You have made your own decisions.
👉 But your spirit needs to be born again.

Jesus did not come only to improve your life.

- He came to save your soul.
- He died on the cross for your sins.
- He shed His blood to cleanse you.
- He rose again from the grave.
- He defeated sin, death, and the devil.

The Bible says:

  (NIV) **“Everyone who calls on the name of the Lord will be saved.”**
Romans 10:13 NIV

- You do not have to belong to darkness.
- You do not have to be ruled by fear.
- You do not have to stay spiritually dead.

Jesus can make you alive. Today...

If you believe this, it is a give from God to be born again...

 Let us Pray....

**Lord Jesus,
I know I am a sinner....
I believe You died on the cross for my
sins....
I believe You rose again from the
dead....
Forgive me....
Cleanse me....**

**Make me new....
I turn away from darkness and surrender
my life to You....
Fill me with Your Holy Spirit....
Be my Lord and my Savior.....
From this day forward, I belong to
You....
In Jesus' name, Amen.**

Closing Thought:

God made you with a body, soul, and spirit.
Sin damaged what God made, but Jesus
came to redeem the whole person.

- Your body can become a temple.
- Your soul can be saved.
- Your spirit can be made alive.

And when Jesus makes you alive, no other
spirit has the right to rule over you.

Jesus Christ is Lord.

 Let us Pray....

Closing Prayer:

**Lord Jesus,
Thank You for creating us with a body,
soul, and spirit. Help us surrender every
part of who we are to You. Guard our
minds from deception, protect our
hearts from evil influence, and fill us
with the truth of Your Word and the
power of Your Holy Spirit.**

**Lord, keep us close to You. Help us test
every spirit, reject every lie, and walk in
the light of Jesus Christ. May our bodies
honor You, our souls belong to You, and
our spirits be made alive in You.**

**We ask this in the mighty name of
Jesus.**

Amen.

